





time. Any prior alcohol-related arrests, e.g., DUI/DWI, would upgrade the risk of alcohol abuse.

**DRUGS SCALE: PROBLEM RISK RANGE****RISK PERCENTILE: 75**

This individual's Drugs Scale score is in the Problem Risk (70 to 89th percentile) range. Drug abuse is likely, or this person is a "recovering" (drug problem, but has stopped using) drug abuser. If recovering, relapse risk is high. Consideration might be given to drug treatment and/or Narcotics Anonymous (NA) or Cocaine Anonymous (CA) meetings.

**DISTRESS SCALE: PROBLEM RISK RANGE****RISK PERCENTILE: 88**

This client's Distress Scale score is in the Problem Risk (70 to 89th percentile) range. Problem risk scorers reflect considerable worry, apprehension and unhappiness. This is a troubled client. Areas of inquiry might include this person's life situation, adjustment and emotional equilibrium. Considerable distress is evident and this individual would benefit from counseling. This is a problem risk Distress Scale score.

**MORALE SCALE: MAXIMUM-LOW RISK RANGE****RISK PERCENTILE: 92**

This client's Morale Scale score is in the High Risk (90 to 100th percentile) range. High risk scorers manifest poor emotional morale characterized by a lack of optimism and hope. High risk scorers are often silent, retiring and even depressed. Counseling (individual or group) might be helpful.

**SELF-ESTEEM SCALE: MAXIMUM-HIGH RISK RANGE****RISK PERCENTILE: 96**

There are unusual qualities to this client's rejection and disapproval of self which may involve serious emotional problems. This score may indicate confusion, guilt, suicidal ideation, or an attempt to portray self negatively (fake bad). Referral to a certified/licensed mental health professional for a diagnosis of treatment plan is warranted.

**STRESS COPING SCALE: MAXIMUM-LOW RISK RANGE****RISK PERCENTILE: 94**

This is a High Risk (90 to 100th percentile) Stress Coping Abilities Scale score. Poor stress coping abilities are evident. Stress or this person's ineffective coping abilities are contributing to this person's adjustment problems and concerns. This client needs stress management skills. Consideration should be given to referral for a psychological evaluation (diagnosis, prognosis and treatment plan).

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**SECTION 2: SIGNIFICANT ITEMS:** These answers are the respondent's self-reported responses. They represent direct admissions or unusual answers, which may help in understanding the individual's situation.

**ALCOHOL**

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- 10. Sometimes drinks too much
- 75. In last year a drinking prblm.

**DRUGS**

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- 5. Smokes pot socially
- 21. Attended NA or CA meetings
- 28. Drug problem in past
- 77. In treatment for drugs

SIGNIFICANT ITEMS (continued):

DISTRESS

- 20. States nobody to talk to
- 27. In last 10 yrs mental hospital
- 30. Admits not happy with life
- 72. States no close friends
- 76. Feels cannot go on

VIOLENCE

- 6. At times can't control self
- 29. When angered--dangerous
- 70. More dangerous than peers
- 78. Often filled with hate

RESISTANCE

- 9. Doesn't want help
- 16. Doesn't want to discuss prblms.
- 25. Doesn't need help
- 32. Wants to be left alone
- 46. States doesn't want help
- 59. Doesn't want help
- 79. Often resistant/defiant

MORALE

- 23. Often feels nobody cares
- 30. States not happy with life
- 51. Lacks desire to overcome
- 61. Family/friends don't help
- 76. Feels cannot go on
- 85. Doesn't feel good about self

SECTION 3: The person's answers to multiple choice items are printed below. It should be noted that these answers represent the respondent's opinion--with all of its biases. These multiple choice answers allow comparison of the person's subjective opinions with objective and empirically based scale scores.

- 147. No serious family problems
- 148. Not a "recovering" person
- 149. Not a 12-step person
- 150. Drinking: no problem
- 151. No alcohol treatment programs
- 152. Drugs: no problem
- 153. No drug treatment programs
- 154. Not willing to accept help
- 155. No morale problem
- 156. No self-esteem problems
- 157. Not suicidal or homicidal
- 158. No stress problems
- 159. Not in a treatment program
- 160. No support group

RECOMMENDATIONS AND/OR COMMENTS: \_\_\_\_\_

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STAFF MEMBER SIGNATURE                      DATE

SELF-AUDIT RESPONSES

1- 50	TFFFTTFFFT	TTFFFTTTTT	TTTTTTTTTT	TTTTTTTTTT	TTTTTTTTTT
51- 100	TTTTTTTTTT	TTTTTTTTTT	TTTTTTTTTT	TTTTTTTTTT	TTTTTTTTTT
101- 150	4444441111	1113232323	2322222222	3333333333	3333334444
151- 160	4444444444				